



193 Versailles Rd

Frankfort, KY 40601

502-699-2216

Elite Fitness is a 24/7 access facility that provides you an opportunity to attain your fitness goals.

Our facility is equipped with brand new state of the art equipment and will be kept it that way.

Our clean and friendly atmosphere will appeal to all fitness enthusiasts.

NO SIGN-UP FEE

We offer:

FREE FITNESS CLASSES TO MEMBERS

(Cycling, Cardio Kickboxing, Circuit Training, Bootcamp style class (Rise-n-Grind), Yoga

Free equipment training

Olympic lifting rig

Family friendly atmosphere

Membership Fees:

Single \$35.00

Couple \$55.00

Family 3 or more \$70.00

***We offer State, Military, Government, City and County discount of 10.00 off membership**